

FREE SHORT COURSES FOR ADULTS

Our **FREE** sessions and short courses for adults are ideal if you want to learn something new, expand your skill set or improve career prospects.

Short courses include:

- Computers for Beginners
- Deaf Awareness and Introduction to British Sign Language
- Emergency First Aid at Work
- Healthy Eating on a Budget
- How to Start a Business
- Introduction to Bookkeeping
- Introduction to Floral Design
- Introduction to Interior Design and Window Display
- Introduction to Makeup Application
- Introduction to Mindfulness and Meditation
- Micro Weft Hair Extensions
- Introduction to ESOL
- Introduction to Mental Health
- Basic Hair Cutting
- Introduction to Science
- Introduction to Health
- Introduction to Travel and Tourism
- Introduction to Creative Writing
- Autism spectrum disorder (ASD) and Attention deficit hyperactivity disorder (ADHD) Awareness
- Tape Hair Extensions
- Bread Making
- Pie Making
- Positive Well-being
- The Menopause: Press Play

Criteria to Attend:

- Aged 19 or over
- Live within the Liverpool City Region (Knowsley, Liverpool, Sefton, St Helens, Halton, Wirral)
- Have lived in the UK for the past 3 years

To secure your place, email: [**community@hughbaird.ac.uk**](mailto:community@hughbaird.ac.uk)

ADULT AND PROFESSIONAL COURSES

Our part time professional courses will provide you with up-to-date and relevant skills that you can use to boost your career, change direction or simply add to your skillset. Depending on your circumstances you could study these courses for free:

Adult professional courses include:

- Introduction to Electric and Hybrid Vehicle High Energy Systems – Level 1 Award
- Electric / Hybrid Vehicle Routine Maintenance – Level 2
- GCSE English
- GCSE Maths
- Digital Skills for Speakers of Other Languages
- ESOL for Construction
- ESOL for Hairdressing
- ESOL for Health Work
- AAT Access Award in Accounting Software (SAGE) - Level 1
- AAT Access Award in Accounting Software (SAGE) - Level 2
- AAT Award in Bookkeeping - Level 1
- Customer Service - Level 2
- Hairdressing - Level 1
- Health & Safety in a Construction Environment (CSCS Green Card)
- Health & Social Care (Adults) - Level 3
- Makeup – Level 1
- Mental Health Awareness – Level 2
- Step up to Higher Skills: Business
- Step up to Higher Skills: Creative Industries
- Step up to Higher Skills: Health and Social Care
- Sampling Techniques for Textile Design – Level 1
- Introduction to Painting and Decorating – Level 1