

Menu Masters

Advice and guidance:

Submission Details:

- All KS1 and KS2 pupils attending Food For Thought schools can take part.
- All entries should consist of a poster, including a drawing of the chosen dinner, a description of what it is and why it is healthy.
- One entry per pupil.
- **Each class teacher is kindly requested to select the two best entries from their class**
- Please email the chosen entries to office@fftliverpool.co.uk, include class teacher's name, school and relevant contact info.

Judging Criteria:

- Entries will be judged based on creativity, nutritional value and feasibility.

Prize:

- The winning dish will be featured on the Food For Thought Menu* and the winning chef will receive a baking kit, cookery book and a Food For Thought apron. (*the dish is subject to changes to accommodate school food standards).
- Ten runners up will each receive a cookery book.
- The winning recipe will be announced on Monday 4th November
- Consider organising a celebration to recognise the creativity of the winning entry. The Food For Thought team would love to join in with any prize giving arrangements.

Key Dates:

- Entries must be in by Friday 25th October.
- Prize winners will be announced on Monday 4th November

GOOD LUCK!!

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Children's Help Sheet!

Calling all chefs... Can you design a new healthy school dinner?

- Please create a poster for your chosen meal. Remember to include:
 - A bright and colourful drawing of your dish
 - An ingredients list (including quantities!)
 - A method which describes how to make it
 - A description of what the dish is
 - A description of why your chosen dish is healthy and why other children would enjoy it.

The winning dish will be featured on the Food For Thought Menu and the winning chef will receive a baking kit, cookery book and a Food For Thought apron.

Make sure you submit your entries to your teacher by Friday 25th October.

Your teacher will select the two best entries from the class and the winner will be announced on Monday 4th November.



GOOD LUCK!!

