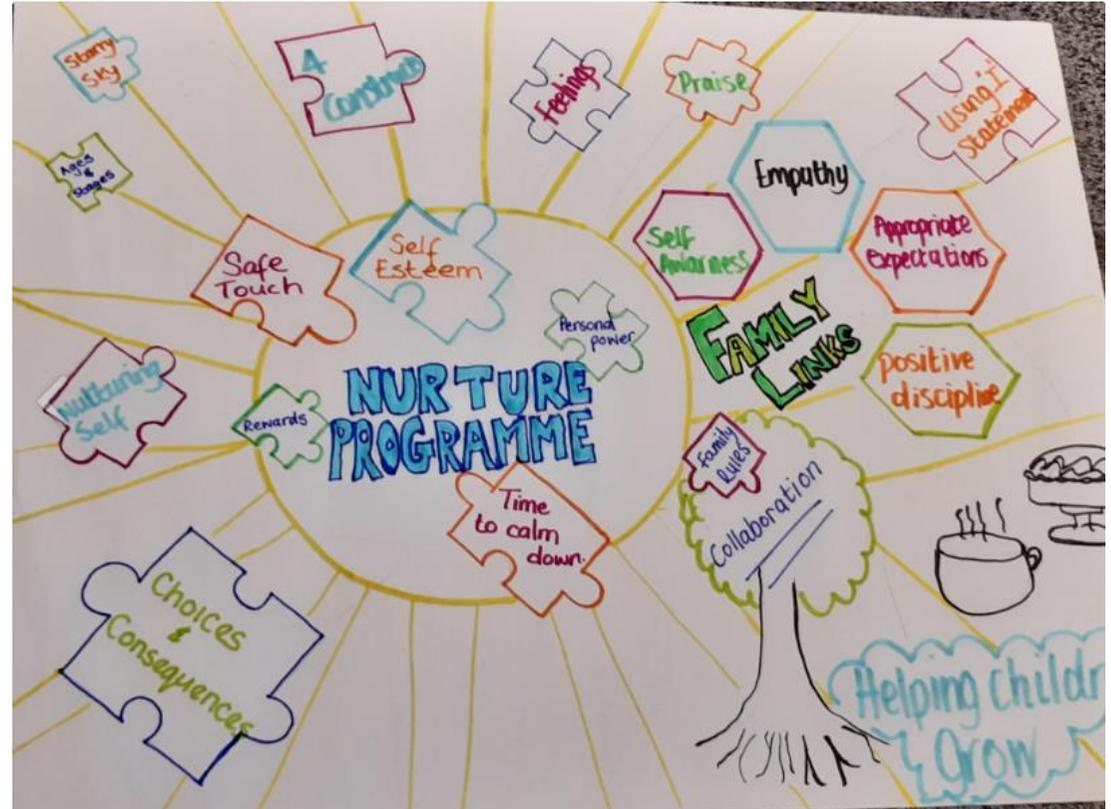


In collaboration with *Family Links* and *The Centre for Emotional Health*, we are proud to offer the Nurture Parenting Programme at Rice Lane Primary and Nursery.

Family Links Nurturing Programme

- week 1** Introducing the Nurturing Programme
Building Blocks: The Four Constructs
Giving Phrase
- week 2** The Question of Discipline
Time to Calm Down
- week 3** Parenting Styles and Family Rules
Rewards and Penalties
- week 4** Personal Power
Self-esteem
Choices and Consequences
- week 5** Feelings and what We Do With Them
Communicating Clearly and Using "I" Statements
- week 6** Kinds of Touch
Nurturing Ourselves
- week 7** Ages and Stages in Child Development
Helping Children Grow Up
- week 8** Keeping Children Safe
- week 9** Behaviour to Ignore
Problem Solving and Negotiating
- week 10** Continuing the Family Journey

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If you would like more information about the Nurture Programme, please speak to our Learning Mentor Mr. Soulsby.